

Runge's Delicatessen

European • Gourmet • Specialty Foods • Giftware



Deli Meats • Imported Cheeses • International Treats

Runge's Delicatessen supply the largest selection of European Products. International and hard to find specialty foods.

- Over 100 Imported Cheeses
- European Deli Meats
- Oil • Vinegars
- Gift Baskets
- Franz Porcelain
- Jim Shore Collectable Giftware
- Traditional Treats
- Cook Books
- Imported Teas & Coffee
- Chocolates
- Christmas Specialty Foods and traditional delicacies.



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Runge's deli opened its doors in 1969 by Joe & Linda Runge. Their European heritage served them well in opening a European-style deli in a valley with many German-Dutch-Scandinavian and other international settlers and visitors.

The Runge's daughter Monika worked in the deli as a young girl and today is the owner operator with husband Roger Ferguson.

Runge's Deli is a culinary treasure and a delectable blend of traditional European products and Gourmet Specialty foods. With the addition of Franz Porcelain and Jim Shore collectable giftware the store is a definite one stop shopping experience.

Christmas is a spectacular event at Runge's and should never be missed. The store is bulging at it seems with all the traditional International foods and goodies for a truly magical European Christmas. From Lutefisk to Stollen, Lebkuchen, Ttai Ttai and many forms of Marzipans Runge's serves the needs for that special time of year.



347-4th St., Courtenay, BC 250-338-8621
Open Mon - Sat • 9:30 - 5:30pm